

Monthly Newsletter

International Medical Education Trust 2000 - Palestine



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IMET2000 and Arab American University Palestine Sign Renewal of Cooperation Agreement

IMET2000 has renewed its cooperation agreement with the Arab American University – Palestine (AAUP), reflecting the shared commitment of both parties to strengthen academic and professional partnerships and advance health education in Palestine.

The signing ceremony was held at AAUP's Ramallah campus, with Mr Fadi Zaben representing IMET2000 and Dr Baraa Asfour, the President of AAUP, signing on behalf of the university. The event was attended by key representatives from both parties.



The renewed agreement will support continuous education and advanced professional training in research, trauma, mental health, and clinical skills, while providing medical and nursing students with opportunities to develop their practical skills and prepare for the healthcare workforce.

Mr Fadi Zaben emphasised that the partnership aligns with IMET2000's strategy to strengthen medical education in Palestine. Dr Baraa Asfour highlighted the importance of the cooperation, noting that the partnership with IMET2000 provides valuable support to enhance students' skills in line with international standards.



IMET2000 and Arab Hospitals Group Launch Advanced Workshop on Medical Research and Clinical Audit



On Friday, November 21, 2025, IMET2000 and the Arab Hospitals Group launched the first joint project under their new strategic partnership. The event featured a workshop titled “**Medical Research and Clinical Audit**”, held in Ramallah and attended by more than 60 physicians and healthcare professionals from the Istishari Arab Hospital.

Prof Malik Zaben, CEO of IMET2000, opened the workshop with a welcoming speech, highlighting the importance of this collaboration and the commitment of IMET2000 & Arab Hospitals Group to promoting evidence-based practice and continuous professional development.



Dr Nidal Abu Khayzaran, Board Member of Arab Hospitals Group, emphasised that this workshop marks the beginning of a series of joint initiatives aimed at strengthening research skills and improving the quality of healthcare services.



Prof Malik Zaben delivered the workshop, covering essential aspects of clinical research methodology, including the principles of clinical audit, the fundamentals of research project design, and key research writing skills. The training included several case-based exercises, in which participants worked in small groups to apply the learned concepts to realistic scenarios for clinical audit and research. This was followed by group discussions, which helped strengthen their practical understanding of the concepts presented.

Participants were highly engaged throughout the workshop, showing clear interest in strengthening their research skills and in the material presented. They actively took part in the brainstorming discussions, reflecting the workshop's role in stimulating their thinking. Their interaction demonstrated a genuine commitment to improving their research abilities and applying them in clinical practice.



Following this successful launch, IMET2000 and Arab Hospitals Group reaffirm their commitment to expanding their joint work through advanced training programmes, specialised workshops, and broader capacity-building efforts. Together, they aim to promote continuous education, strengthen clinical and research excellence, and contribute meaningfully to advancing healthcare services across Palestine.



IMET2000 Sponsors Dr Mosab Ghnimat for Subspecialty Training in Paediatric Haematology and Oncology at the King Hussein Cancer Centre

IMET2000 awarded Dr. Mosab Ghnimat a distinguished scholarship to pursue his subspecialty training in Paediatric Haematology and Oncology at the King Hussein Cancer Centre in Jordan.

This support is part of IMET2000's programme to train Palestinian doctors in advanced medical centres, facilitating the transfer of global knowledge and expertise to strengthen the Palestinian healthcare system.



During his training, Dr Ghnimat will gain extensive clinical experience, including exposure to the latest treatment protocols for childhood cancers, bone marrow transplantation, immunotherapy, and stem cell treatments. He will also develop skills in managing complex cases according to international standards of specialised care.

This initiative reflects IMET2000's ongoing commitment to supporting Palestinian doctors and enabling them to pursue advanced training that contributes to the development of oncology and rare disease services within Palestine, while promoting the implementation of evidence-based practices.

Dr Ghnimat expressed his gratitude to IMET2000, stating:

"I am deeply thankful to IMET2000 for this invaluable opportunity. This scholarship will allow me to gain essential skills and experience that I hope to bring back to Palestine to improve care for children with cancer."

IMET2000 Supports Mothers' Mental Well-being through Stress Relief Workshop

IMET2000 held a specialised workshop titled "Stress Relief and Management for Mothers of Children with Learning Difficulties" at Star Mountain Centre, Ramallah.

The session, led by Dr Afaf Rabee and Ms Nisreen Salman from the Universal Education Foundation, brought together 18 mothers who face daily emotional and social challenges caring for their children. Through interactive discussions and practical activities, participants learned healthy ways to manage stress and strengthen their confidence as caregivers.



The mothers expressed their gratitude to IMET2000 for this thoughtful initiative, which offered both psychological support and valuable coping tools.

This workshop is part of IMET2000's ongoing efforts to support mental wellbeing and strengthen family resilience within Palestinian communities.



IMET2000 Grants Dr Hasan Arafat a Travel Bursary to Participate in the 90th Annual CHEST Conference

IMET2000 supported Dr Hasan Arafat's attendance at the 90th Annual CHEST Conference, organised by the American College of Chest Physicians, held in Chicago, USA, from 19 to 22 October 2025.

CHEST is one of the leading global platforms for physicians and specialists in respiratory medicine and critical care. The conference provides an opportunity to share the latest research, scientific recommendations, and innovations in respiratory health.



During the conference, Dr Arafat presented a research abstract entitled: ***"Lung Cancer Demographics among Patients in the West Bank, Palestinian Authority: A Multicentre Study."***

Expressing his gratitude, Dr Arafat said:

"I wish to extend my sincere thanks to IMET2000 for their generous travel grant, which enabled me to attend CHEST 2025. This valuable opportunity allowed me to engage with international experts, share knowledge, and advance my professional development in respiratory medicine. I greatly appreciate your ongoing support for medical professionals and the advancement of medical education."

This support reflects IMET2000's continuous commitment to empowering Palestinian medical professionals and providing them with opportunities to participate in international conferences, contributing to the transfer of global expertise to Palestine and the enhancement of healthcare education and services.

IMET2000-Pal Organises Trauma Evaluation and Management Course (TEAM™)

IMET2000-Pal organised a new class of the Trauma Evaluation and Management (TEAM™) course, accredited by the American College of Surgeons, on 27 November 2025 at IMET2000-Pal Training Centre in Ramallah.

Eight physicians, nurses, and medical students participated in an intensive programme that blended interactive lectures, video demonstrations, case-based discussions, and practical skills training.

The course establishes international standards for rapid trauma assessment and management, thereby equipping frontline healthcare professionals with the skills needed to make critical, life-saving decisions under pressure. This initiative enhances Palestinian professionals' capacity to save lives during critical moments.



This course demonstrates IMET2000's dedication to equipping Palestinian medical teams to address the urgent challenges of emergency, trauma, and critical care, where trauma remains a daily concern.



IMET2000 Enables Dr Omar Alwan from Gaza Strip to Complete Internship Training in Jordan

IMET2000 has provided a partial grant to Dr Omar Alwan, a graduate of Al-Azhar University's Faculty of Medicine, enabling him to complete his internship training at Al-Bashir Hospital in Jordan.

This initiative is part of IMET2000's ongoing efforts to empower young Palestinian medical professionals and support newly graduated doctors during the early stages of their careers, enhancing their clinical skills and preparing them to meet the requirements for medical practice effectively.

Dr Omar Alwan thanked IMET2000, saying:

"I would like to express my sincere gratitude to IMET2000 for supporting me during my medical training in Jordan. This support came at a critical time, especially given the challenging circumstances in Gaza. I deeply appreciate IMET2000's dedication to helping young doctors, which enabled me to continue my training towards obtaining a medical license. My sincere thanks to IMET2000 once again."



IMET2000-Pal Conducts Life-Saving Skills Workshops for Healthcare Professionals

During November, IMET2000-Pal held two training workshops focusing on critical life-saving skills for healthcare professionals.

The workshops, titled ***“Critical Core Training: Basic Life Support (BLS) for Healthcare Professionals,”*** were designed to provide essential knowledge and practical skills.

The first session took place on **3 November** at the IMET2000-Pal Training Centre in Ramallah, and the second on **17 November** at the Heart Centre of An-Najah National University in Nablus, with a total of 18 doctors and nurses attending.



3 November 2025



17 November 2025

The workshops aim to provide essential theoretical knowledge and practical skills in cardiopulmonary resuscitation (CPR) for adults, children, and infants, as well as training on the safe and effective use of Automated External Defibrillators (AEDs).

The trainings were delivered by certified instructors accredited by the American Heart Association (AHA), ensuring participants received up-to-date, standardised instruction in line with international guidelines.

IMET2000-Pal Empowers Healthcare Professionals through Advanced Cardiac Life Support Training

IMET2000-Pal organised an advanced training workshop on cardiopulmonary resuscitation on November 10–11, 2025, attended by five doctors and nurses from various hospitals.

The workshop, titled **"Advanced Cardiac Life Support (ACLS) Course for Physicians and Nurses,"** focused on enhancing participants' skills in managing emergency situations and effectively saving patients' lives.



The training workshop, held at the IMET2000-Pal Training Centre, provided participants with hands-on experience in managing critical situations such as cardiac and respiratory arrest, symptomatic bradycardia, airway emergencies, and stroke, alongside the use of essential medications. The program also focused on strengthening communication and leadership skills, empowering participants to act effectively within an ACLS team.

